

Nudity

Vocabulary

Nude / Naked – both words mean wearing no clothes. For example:

He was completely naked. She was standing there, in the nude.

Naturism is the activity of not wearing any clothes because you believe it is more natural or healthy. The people who do this are called **nudists** or **naturists**.

Discussion

How would you react in the following situations? Would you laugh, be embarrassed, cover your eyes, have a good look, or do something else?

1. You are watching a football match when a naked woman runs onto the pitch and stops the game.
2. Some new friends of yours have a sauna. After dinner, they suggest you all relax and chat in the sauna. When you are getting ready, you discover that you are expected to be naked.
3. You are shopping in the main street of your town. You notice a man walking down the street. He is not wearing any clothes, but is carrying a shopping bag.
4. You are at the beach with your family. A man and a woman put their towels near you, take off all their clothes and lie down to sunbathe.
5. You are invited to dinner by some people you don't know very well. After dinner, they show you their holiday photographs. They had been to a naturist resort in the south of France. The pictures leave nothing to the imagination!
6. Your new boyfriend/girlfriend suggests going to the beach. When you get there, it's a nudist beach.

Reading

Answer these questions. Then read the article to find out the answers.

1. How many naturists do you think there are in Britain? a. 5,000 b. 25,000 c. 50,000
2. How many official nudist beaches do you think there are in Britain? a. 10 b. 50 c. 100
3. Do you think it is possible to go on a nudist package holiday?

EVERY BEACH SHOULD BE A NUDIST BEACH

This summer British naturists are planning to swim and bathe naked on public beaches throughout the country to draw attention to public and official opposition to their lifestyle.

British Naturism, the leading UK organisation for naturists, is not only encouraging its members to bathe naked wherever they want, but is also promising to defend them in court if they are arrested by the police.

"Basically, our view is that every beach is a naturists' beach," said a

spokesperson for BN, the British Naturism magazine. "We will defend our members in court ... as long as we are satisfied that they have behaved reasonably and there's been no indecent behaviour."

The Nude Tolerance Campaign, which started quietly last November, is building up as summer arrives and Britain's 25,000 naturists arrive at beaches and clubs all over the UK. There will also be a nude cross-Channel relay swim from the south of

England to France, which British Naturism hopes will increase awareness of topless and nudist beaches in many parts of the world. Britain already has 170 clubs and 10 beaches where naturism is officially permitted and, surprisingly, the nudist lifestyle is becoming big business. Members of BN enjoy discounts on ferry services, car rental and breakdown insurance and can enjoy £2,000 nudist Caribbean cruises. Several large tour operators, including Virgin, offer nudist summer packages.